



*Advanced Fellowship Training  
Mohs and Cosmetic Laser Surgery*

Certified, American Board of  
Dermatology

Certified, American Board of Mohs  
Micrographic Skin Cancer Surgery

Fellow, American Academy of  
Dermatology

Fellow, American Society for  
Dermatologic Surgery

Fellow, American College of Mohs  
Micrographic Surgery

Fellow, American Society of Laser  
Medicine and Surgery



**SKIN CANCER**

- Mohs Micrographic Surgery
- Reconstructive Surgery
- Diseases of the Skin, Hair & Nails

**COSMETIC SURGERY**

- Eyelids & Lip Enhancement
- Microdermabrasion
- Scar Revision
- Botox & Chemical Peels
- Juvederm & Radiesse
- Sculptra & Belotero
- Esthetician Services

**LASER REJUVENATION**

- Titan Laser Skin Firming
- Erbium Resurfacing
- Tattoo & Vein Treatment
- Birthmarks & Age Spots
- Hair Removal & IPL
- Exilis RF Body Shaping
- Fraxel Rejuvenation

**TWO LOCATIONS:**

15 Hospital Center Blvd.  
Medical Quarters, Suite One  
Hilton Head Island, SC 29926

Legacy Center  
4 Okatie Blvd South, Suite 202  
Okatie, SC 29909

Tel. (843) 689-9200  
Fax (843) 689-9201

[www.hiltonheaddermatology.com](http://www.hiltonheaddermatology.com)

## **EXCISIONAL SURGERY PREOPERATIVE INSTRUCTIONS**

1. Eat a light breakfast or lunch the day of surgery. You may have decaffeinated coffee, juice and toast.
2. Take your regularly prescribed medications. Aspirin and Aspirin-containing medications (Alka Seltzer, Decongestants, Anacin, Advil, Motrin or Bufferin) should not be taken 7 - 10 days prior to surgery. Please let us know upon receiving this checklist if you are taking other arthritis medicine, pain relievers or blood thinners. If a physician has placed you on the Aspirin, please let us know so that we might discuss this with him or her. Please continue to take your other regularly prescribed medications.
3. If you need an antibiotic prior to surgical procedures or dental work, please make the necessary arrangements with your physician to order it.
4. Please do not drink any alcoholic beverages three days prior to your surgery. Alcohol aggravates bleeding problems.
5. Please do not smoke one week prior to the surgery. Smoking and blood levels of nicotine can interfere with wound healing.
6. Please call our office if you get sick between now and the time of your surgery or if you have any additional questions.

**MEDICARE CERTIFIED STATE LICENSED LASER AND SKIN SURGERY CENTER**